

## Healing Words from Scripture

For your part, Lord, do not withhold your kindness from me! May your love and faithfulness constantly preserve me. Psalm 40:11

Jesus said: "Do not be anxious about your life, what you shall eat or what you shall drink, nor about your body, what you shall put on ... Which of you by being anxious can add one cubit to his span of life? ... Seek first God's kingdom and his righteousness and all these things shall be yours as well." from Matthew 6

God is our refuge and strength, a very present help in trouble. Psalm 46:1

Paul the Apostle said: "Rejoice in the Lord always; again I will say, Rejoice. Let all know your tolerance. The Lord is at hand. Have no anxiety about anything, but in everything by prayer and supplication with thanksgiving let your requests be made to God. And the peace of God which passes all understanding will keep your hearts and your minds in Christ Jesus." Philippians 4:4-7

The Lord is my shepherd, I shall not want;  
He makes me lie down in green pastures.  
He leads me beside still waters;  
He restores my soul. Psalm 23:1-2

It is good to give thanks to the Lord,  
To sing praises to your name, O Most High,  
To declare your steadfast love in the morning,  
And your faithfulness by night. Psalm 92:1-2

Jesus said: "Lo, I am with you always, to the close of the age!" Matthew 28:20

## You Are Never Alone!

If you are anxious but love Christ, you can be assured that you will never be alone.

Though it is unlikely that Jesus was ever in a hospital, he lived the life of a refugee and knew what it meant to be lonely. He was imprisoned, faced pain and peered into the darkness of an uncertain future. Because of this He can be your companion as you face the uncertainties of life.

Without Christ life dissolves into the working of blind forces and meaningless accidents ... of hidden wheels that turn in the night. But remember what Jesus said, "In the world you have tribulations, but be of good cheer, I have overcome the world." Life is a mystery and you have no sure way of solving all the riddles, but you can have Someone by your side as you try. He is One who knows your life and all its insecurities. It is the miracle of God's heart that He cares about you and is by your side in the journey of life.

With Christ by your side, your past, present and future are changed. All that is past no longer has control over you and cannot separate you from Him. What lies ahead you can accept.

Into your life will come love and disappointment, those who care for you and for whom you care, health and illness, joy and sorrow. You can be sure that everything that touches your life has passed through His hands.

Though you may not know what the next hours, days or weeks hold, you can be sure that you will not pass through them alone.

## Prayers for Healing

### In the Morning

O God of all hope, whatever happens during this day is in your hands. Strengthen me in my weakness, give skill to those who minister to me, and grant me confidence and faith in your healing power. Through Jesus Christ my Lord I pray. **Amen.**

### When in Pain

Lord Jesus Christ, you have known pain; you have given an example of faith and obedience to your Father's will. In the pain I experience allow me to know your presence; strengthen my faith when I would despair; and give me the assurance of your eternal love. **Amen.**

### Before Surgery

My Heavenly Father, as you have always sent angels to do your healing work, so you have sent men and women as instruments of your healing now. Bless all who will attend to me, that their knowledge and skill might bring the healing you desire, for all of my days are in your loving care. Through Jesus Christ my Lord. **Amen.**

### When Thankful

O Lord, your mercies are new to me every day! I give you thanks for the renewing of my health, for the relief from my pain and worry. Continue your healing within me, that I may return to the work you have given me to do for you. Through Jesus Christ my Lord. **Amen.**

### Before Sleep

O Lord, grant that I may so place myself into your gentle arms that this night may be free of care and anxiety, and that I may awake tomorrow refreshed to receive the care you will give me. Through Jesus Christ my Lord. **Amen.**